



GOCE DELCEV UNIVERSITY - STIP
FACULTY OF MEDICAL SCIENCES



International symposium at
Faculty of medical sciences

CURRENT ACHIEVEMENTS AND FUTURE PERSPECTIVES IN MEDICAL AND BIOMEDICAL RESEARCH



STIP, 24 NOVEMBER 2015
MULTIMEDIA CENTRE – UGD, STIP

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INTERNATIONAL SYMPOSIUM AT FACULTY OF MEDICAL SCIENCES
“Current achievements and future perspectives in medical and biomedical research”

SCIENTIFIC PROGRAM

November 24, 2015 - Stip

8:30 – 9:00

Registration

9:00 – 9:15

Rector / Vice rector/Dean

SESSION 1

Chair: Prof. Emilija Janevik Ivanovska

Co-chair: Ass. Prof. Elena Drakalska

9:15 – 9:35

Ass. Marija Darkovska Serafimovska
Macedonian agency of drug and medical
devices, Director
University Goce Delcev Stip
Republic of Macedonia

Step forward of Macedonian agency for medicines and medical devices, establishment and strategic plan for development

9:35 – 9:55

Assoc. Prof. Zorica Arsovska Sarafinovska
Institute of Public Health of the
Republic of Macedonia, Skopje,
University Goce Delcev Stip
Republic of Macedonia

Adherence to Therapy: A Modern Pharmacotherapeutic Approach

9:55 – 10:15

Prof. Biljana Gjorgjeska
University Goce Delcev Stip
Republic of Macedonia

Use of disinfectants and antiseptics in selected health institutions in Republic of Macedonia

10:15 – 10:35

Assoc. Prof. Bistra Angelovska
University Goce Delcev Stip
President of Pharmaceutical Chamber
of Macedonia. Republic of Macedonia

Code of Ethics for Pharmacists – Pharmaceutical Chamber of Macedonia

10:40 – 11:10

Coffee break

Poster presentation

Chair: Prof. Milka Zdravkovska
Co-chair: Ass. Prof. Darinka Gjorgieva Ackova

10:10 – 11:50

Prof. Neven Zarkovic
Rudjer Boskovic Institute, Croatia

4-Hydroxynonenal – major bioactive marker of lipid peroxidation

11:50 – 12:10

Assoc. Prof. Tatjana Ruskovska University
Goce Delcev Stip Republic of Macedonia

Nicotinamide adenine dinucleotide biosynthesis and consumption in dysfunctional white adipocytes

12:10 – 12:30

Prof. Rubin Gulaboski University
Goce Delcev Stip Republic of Macedonia

New insights into the chemistry and functions of Coenzyme Q

12:30 – 12:50

Assoc. Prof. Darko Bosnakovski
University Goce Delcev Stip
Republic of Macedonia

Genetically modified systems to study muscular dystrophies

12:50 – 14:00

Coffee break

Poster presentation

Chair: Assoc. Prof. Cena Dimova
Co-chair: Ass. Prof. Nevenka Velickova

14:00 – 14:40	Prof. Lia Rimondini Università del Piemonte Orientale, Novara, Italy	<i>Counteracting microbial biofilm formation onto dental materials</i>
14:40 – 15:00	Prof. Elizabeta Zisovska Agency for Quality and Accreditation of Healthcare Institutions, Skopje, Republic of Macedonia	<i>The endless potential of the umbilical cord blood for investigation, research and treatment</i>
15:00 – 15:20	Ass. Misko Milev University Goce Delcev Stip Republic of Macedonia	<i>The cytokinesis-blocked micronucleus assay: Good choice for detection and evaluation of genotoxicity in human cells</i>
15:20 – 15:40	Prof. Lence Miloseva University Goce Delcev Stip Republic of Macedonia	<i>Multiple predictive model for clinical and subclinical depression in adolescence</i>
15:40 – 16:00	Coffee break	Poster presentation

SESSION 4

Chair: Assoc. Prof. Darko Bosnakovski
Co-chair: Ass. Prof. Katarina Smilkov

16:00 – 16:40	Prof. Adriano Duatti University of Ferrara, Ferrara, Italy	<i>Molecular imaging and radionuclide therapy of prostate cancer</i>
16:40 – 17:00	Assoc. Prof. Vaso Taleski University Goce Delcev Stip Republic of Macedonia	<i>Where Nanotechnology and Nanomedicine meet – Applications and Potential Risks</i>
17:00 – 17:20	Dr. Aleksandar Cvetkovski University Goce Delcev Stip Republic of Macedonia	<i>The role of molecular cocrystals in drug development</i>
17:20 – 17:40	Prof. Emilija Janevik Ivanovska University Goce Delcev Stip Republic of Macedonia	<i>Drug development based on radiolabeled antibodies</i>
17:40 – 18:00	Closing remarks	

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INTERNATIONAL SYMPOSIUM AT FACULTY OF MEDICAL SCIENCES

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November 24, 2015 – Stip

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- 2. Adherence to Therapy: A Modern Pharmacotherapeutic Approach**
Author: Zorica Arsovska Sarafinovska
- 3. Use of disinfectants and antiseptics in selected health institutions in Republic of Macedonia**
Author: Biljana Gjorgjeska
- 4. Code of Ethics for Pharmacists – Pharmaceutical Chamber of Macedonia**
Author: Bistra Angelovska
- 5. 4-Hydroxynonenal – major bioactive marker of lipid peroxidation**
Authors: Neven Zarkovic, Kamelija Zarkovic
- 6. Nicotinamide adenine dinucleotide biosynthesis and consumption in dysfunctional white adipocytes**
Authors: Prof. Tatjana Ruskovska, David Bernlohr
- 7. New insights into the chemistry and functions of Coenzyme Q**
Authors: Rubin Gulaboski, Valentin Mirceski, Ivan Bogeski, Sasa Mitrev, Kokoskarova Pavlinka, Velo Markovski, Reinhard Kappl, Markus Hoth
- 8. Genetically modified systems to study muscular dystrophies**
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- 9. Counteracting microbial biofilm formation onto dental material**
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- 10. The endless potential of the umbilical cord blood for investigation, research and treatment**
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- 11. The cytokinesis-blocked micronucleus assay: Good choice for detection and evaluation of genotoxicity in human cells**
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- 12. Multiple predictive model for clinical and subclinical depression in adolescence**
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- 13. Molecular Imaging and therapy with radionuclides of prostate cancer**
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- 14. Where Nanotechnology and Nanomedicine meet – Applications and Potential Risks**
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- 15. The role of molecular cocrystals in drug development**
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- 16. Drug development based on radiolabeled antibodies**
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POSTER PRESENTATIONS

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Authors: Danche Vasileva, Daniela Lubenova, Marija Mihova, Ivan Maznev, Lence Nikolovska, Zhu Jihe;
- 2. Effect of kinesitherapy on physical activity in patient with Guillain-Barré syndrome**
Authors: Antoaneta Dimitrova, Kristin Petrova Grigorova, Daniela Lubenova, Danche Vasileva, Milena Nikolova;
- 3. Case Report :
Oligoasthenoteratozoospermia, treatment with acupuncture**
Authors: Jihe Zhu, Blagica Arsovska, Dance Vasileva, Andrijana Sterjovska-Aleksovska, Kristina Kozovska;
- 4. Treatment of cervical spondylosis with acupuncture**
Authors: Kristina Kozovska, Jihe Zhu, Blagica Arsovska, Andrijana Sterjovska-Aleksovska;
- 5. Effect of kinesitherapy on static and dynamic balance in patient after vertebro-basilar system stroke**
Authors: Milena Nikolova, Antoaneta Dimitrova, Danche Vasileva, Daniela Lubenova, Kristin Petrova Grigorova;
- 6. Malignant pleural effusions in lung cancer: the condition during the disease**
Authors: Marija Karakolevska-Ilova, Elena Simeonovska Joveva, Aleksandar Serafimov, Lidija Petrovska;
- 7. Systemic fungal infections in hematological malignancies**
Authors: Petar Kuzmanovski, Velo Markoski;
- 8. Morbidity and mortality of malignant neoplasms in Macedonia**
Authors: Viktorija Vukovikj, Velo Markoski;
- 9. Cognitive behavioral program in treating insomnia among elderly patients**
Authors: Kneginja Richter, Lence Miloseva, Guenter Niklewski, Anja Piehl;
- 10. Regulations and legal aspects in management of medical waste**
Authors: Biljana Shikoska, Cena Dimova, Gjorgji Schumanov;
- 11. Control of the psychiatric disorders in the Republic of Macedonia**
Authors: Leonid Ramov, Velo Markoski;
- 12. Monitoring of the renal function in Indometacin treated patients with rheumatoid arthritis**
Authors: Drita Yzeiri Havziu, M.Hiljadnikova-Bajro, T. Kadifkova Panovska;
- 13. Incidence of breast cancer in Macedonia**
Authors: Dijana Stojanova, Velo Markoski;
- 14. HPV virus as a cause of cancer of the cervix in R.Macedonia**
Authors: Stefaniya Joveva, Velo Markoski, Vaso Taleski;
- 15. Analysis of the Pap test results by age groups in the area of Kriva Palanka**
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- 16. Giant rhinophyma treated by excision and full thickness skin grafting**
Author: Emilija Lozanovska Doneva;
- 17. Incidence of patients with chronic renal failure in Skopje**
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- 18. Calculation of effective dose to family members of patients with thyroid diseases**
Authors: Marina Zdravevska Kochovska, Emilija Janjevik Ivanovska, Meri Angeleska, Sasho Nikolovski, Zlatko Filipovski;

- 19. Contemporary Microbiological Diagnostic Tests for Rapid Identification and Detection of Resistance of Mycobacterium tuberculosis**
Authors: Oliver Taleski, Vaso Taleski;
- 20. Analysis of clinical features and complications in patients with β -thalassemia in the region of Strumica**
Authors: Silvana Sinokapovska, Cena Dimova;
- 21. Lymphoepithelioma : A case report**
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- 22. F-ra Capitulum Radii L.Dex. – A Case report**
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- 23. Patient with intracranial hemorrhage and arteriovenous malformation detected with transcranial color duplex sonography – case report**
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- 24. Hereditary supracondylar spur of the humerus: Case report**
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- 25. Prosthetic rehabilitation in patient with advanced degree of functional disorders (case report)**
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- 26. Marginal Implants Bone Loss – a Case Report**
Authors: Kiro Papakoca, Ana Radeska-Panovska, Katerina Zlatanovska;
- 27. Ectodermal Dysplasia, a Case Report: Challenge for Prosthodontic Solution**
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- 28. Alveolar socket preservation and shaping using temporary prosthetic construction – cases presentation**
Authors: Nikola K. Gigovski, Vesna Korunovska- Stevkoska, Emilija Bajraktarova, Aneta Mijoska, Ana Radeska-Panovska, Ana Gigovska;
- 29. Porcelain veneers produced by refractory die method**
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- 30. Correlation of Two Different Local Hemostatic Modalities in Oral Surgery Patients with Oral Anticoagulants**
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- 31. Assessment of orthodontic treatment need among school children by using iotn (index of orthodontic treatment need)**
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- 35. Oral surgery treatment in the patients with combination syndrome**
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- 41. Determining normal tissue toxicity of non-radioactively Lu/Y-labeled rituximab-conjugates in rat animal model**
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- 42. Genetically Engineered Mouse Models For Human Pancreatic Cancer: A Review Of The KC, KPC And iKRas*P53* Models**
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- 50. Determination of active pharmaceutical ingredient – chloropyramine in dragées**
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- 51. Comparison of volatile aroma compounds between cultivated and spontaneous flowering stems of Sideritis scardica Griseb. from R. Macedonia**
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- 53. Development and validation of HPLC method for determination of flavonoids in herbal preparations**
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- 54. Atomic emission spectrometry with inductively coupled plasma (ICP-AES) analysis of trace elements in Camellia sinensis teas**
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- 55. Determination of trace elements analyzed by atomic emission spectrometry with inductively coupled plasma (ICP-AES) in Matricaria chamomilla L. teas present on macedonian market**
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- 57. Development of an ultrasonic method for effective extraction of capsaicin as a potent bioactive compound**
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- 65. Anti-cancer target therapy based on drugs conjugated to hyaluronic acid**
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- 66. Cancer specific conjugated monoclonal antibodies for anticancer therapy**
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- 67. Accreditation of the Laboratory of Radiopharmacy – requested requirements or need of challenge**
Authors: Apostolova Paulina, Delipetrev Katarina, Smilkov Katarina, Gjorgieva Ackova Darinka, Sterjova Marija, Janevik Ivanovska Emilija;
- 68. Quality control of PET radiopharmaceuticals, with reference to its specifics vs quality control of conventional pharmaceuticals**
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- 69. Production of [11C] Choline in The University Institute for PET – new perspective in diagnostics of prostate malignancy in R. of Macedonia**
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- 70. PET radiopharmaceuticals in the diagnosis of neurological diseases**
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- 71. Achievements and perspectives in formulation of stable immunoconjugate of the HER2-targeting trastuzumab – potential for rapid labelling with Gallium-68**
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Faculty of Medical Sciences

University Goce Delcev – Stip, Macedonia

INTERNATIONAL SYMPOSIUM AT FACULTY OF MEDICAL SCIENCES

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Analysis of clinical features and complications in patients with β -thalassemia in the region of Strumica

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Abstract

Thalassemys are hemoglobinopathies and are hereditary diseases which are characterized by disturbance in synthesis of one or more polypeptide chains of globin. Thalassemys is a type of anemia of quantitative nature, where synthesized chains of hemoglobin are with normal structure, but not in adequate quantities. β -thalassemia is a disease characterized by production of large quantities of α -chains which exceeds the production of β -chains, whereas β -chains accumulate and precipitate into precursors of red blood cells and change their permeability, which leads to lysis of red blood cells. Within the Research Center for Genetic Engineering and Biotechnology (RCGEB) is operating national reference laboratory for hemoglobinopathies, founded in 1970, where over the past 40 years more than 30,000 individuals have been examined from our country. The analysis revealed that the average frequency of beta-thalassemy in Macedonia is 2.6%, of alpha thalassemy is 1.5%, delta-beta-thalassemy is 0.2%, while the share of the Swiss type of hereditary persistence of fetal hemoglobin (HPFH) is 0.3%.

Aim of the study: The objective of this study was to show the prevalence, or the presence, of a certain type of thalassemy in the region of Strumica, R. of Macedonia, the complications that arise in specific cases, and the diagnosis and treatment of this inherited disease, not only for successfully identifying the extent of the presence of thalassemys in this region, but also to display the patient status in this region.

Material and methods: The target group for this research was a group of registered patients with thalassemy from the region of Strumica. For that purpose, we processed medical histories of 29 subjects suffering from some types of thalassemy. All subjects which entered in this study were respectively coded in order to avoid violation of their privacy and were randomly selected. As a material for the research we used data from medical histories of the subjects of interest, and subsequently analyzed those data. Of all data we selected those which are significant for our research like geographical location, sex, age, type of thalassemy, blood tests values, comorbidities and complications from the disease.

Results and discussion: Analysis of the available data show that most of the patients had or have β -thalassemia type minor, followed by patients with β -thalassemia type major, then α -thalassemia, and only two patients with β -thalassemia intermedia. As far as geographical location, we can conclude that most of the patients came from the city of Strumica, while other patients are from rural suburbs of Strumica. As suspected, all significant blood parameters which are characteristic for thalassemys, such as Hgb, Er, MCV, MCH, HbF, HbA₂, AST, ALT, and others, show deviation from normal ranges. Also, we found a lot of comorbidities and complication associated with β -thalassemys. All

patients were treated with standard therapeutically agents and procedures, such as iron chelating agents, iron supplements and therapy with washed and filtered red blood cells.

Conclusion: The data analysis indicates the presence of many characteristic symptoms and clinical manifestation of many features of thalassemias, which confirms the theoretical framework for this hemoglobinopathy. In many patients it is observed decline in values of hemoglobin, reduces number of red blood cells, and disruption of liver function, followed by decreased function of liver enzymes. Therapy that is administered to the patients is of basic character, a continuous blood transfusion in patients with milder form of thalassemia, and excess iron chelators, whilst in the patients with severe forms of thalassemia splenectomy was performed. The results show that the experimental group of patients present many comorbidities and complications they complain with the medical theory about thalassemia.

Keywords: thalassemia, blood transfusion, anemia.